




**£13.25 per  
hour**

# **Female Personal Assistants Meltham**



**We are looking for two personal assistants for a lady with anxiety, depression, autism and PTSD. She enjoys gardening, walking, hiking and would love someone to help build her confidence to start going shopping/ out and about!**



**The role includes assisting with personal care which includes washing, dressing, prompts around eating, drinking and administering medication, domestic tasks such as cooking, household duties, grocery shopping and providing social support for community access and appointments.**

**12 hours per week (6 hours per Personal Assistant)**

**Hours to be covered across Monday, Tuesday, Thursday and Friday.  
Day time hours available, timings to be discussed**

## **Requirements:**

- **We are looking for female drivers (Preferred)**
- **Knowledge of Autism / PTSD advantageous but not essential**
- **Previous caring experience preferred but not essential**
- **Relevant DBS checks but can be completed after appointment**
- **Compassionate, understanding and patient individuals needed who can remain calm in a crisis.**

**PROUD TO CARE  
KIRKLEES**

**The requirement for  
a female is Exempt  
under Paragraph 1  
Schedule 9 Equality  
Act 2010**

