

# **Female Personal Assistant - HD8**

**We are looking for a Personal Assistant to support a young lady who has autism, learning disabilities and generalised anxiety disorder. Ideally we are looking for someone who is okay with animals as the family has pets.**

**The support needed is to help with personal care (washing hair), lifting mobility aids in and out of the car, tidying and cleaning, emotional support for chronic anxiety, use of communication aids, ironing, washing, and drying clothes.**

**The hours are to be flexibly provided to cover sickness, holidays and more.**

**What we're looking for:**

- **Someone self employed**
- **Someone who lift/use mobility aids**
- **Experience with autistic adults and mental health**
- **A driver with their own vehicle**

**£15.00  
per hour  
plus 50p  
per mile**

