



# Give... A Few Words

is a Huddersfield-based non-profit organisation dedicated to spreading positivity. We deliver feel-good post to give people a boost and reduce isolation.

A few kind words can make someone's day. At Give... A Few Words we know receiving a letter can be the difference between feeling lonely and knowing someone cares.

## How do I get involved?

I'd like to write a letter today

- 1 Grab some materials from our resources.**  
(Or provide your own)
- 2 Sit down, get comfy and think positive!**  
how can I send a bit of cheer today?
- 3 Put pen to paper - it could be a letter, a poem, a postcard or a piece of art.**  
There's no need to address it to a specific person.
- 4 Drop it in to our postbox and we'll make sure it gets to someone who needs it.**

I'd like to send a personalised letter

- 1 Go to [thegive.co.uk](http://thegive.co.uk)**
- 2 Fill in the contact form, tell us a bit about yourself.**  
We'll match you with someone with similar interests.
- 3 Write a letter just for them. We can give you support if you need it.**
- 4 Post the letter to us or drop it in to one of our community postboxes.**  
(Our address is on the Give... website)

